

TRANSITIONS

new student guide 2015 - 2016

WHAT'S INSIDE

DISCOVER NEW PLACES to CHOW DOWN AND CHILL OUT - Pg. 10

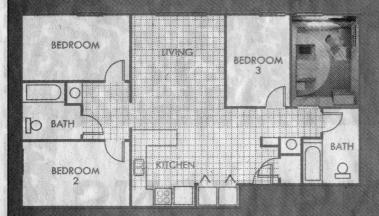
PIND out WHAT APPS YOU NEED to SUCCEED - Pg. 14

HUMANS OF USI - Pg. 20





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TABLE OF CONTENTS

4 Dear Freshmen

5 Freshman 15

6 USI by the Numbers

10 A Foodie's Guide to Riverside

12 Quiz: Find Your Niche

14 App up your home screen

20 Humans of USI

22 What to bring to college word search

27 The Sound of Savings

28 Athletes to Know

30 Watch Your Budget



College can be an exciting chapter in your life, but sometimes moments of boredom do arise. Instead of FaceTiming your cat back home, binge watching episodes of "Arrow" or playing endless hours of "Grand Theft Auto", there are plenty of other, more productive activities USI's campus has to offer.

During my first year at USI, I was subjected to periods of boredom mixed with homesickness, especially on weekends. Going out with friends usually solved this, which then led to the aftermath of "broke-college-kid syndrome" and the varying levels of "holy-crap-I-have-no-money-now" emotions. Fortunately, I wised up by the second semester and found that there was really no reason for me to be bored here; I just had to know where to look.

First of all, look up from your phone once in a while and observe your surroundings. There are numerous posters, flyers and signs inside various buildings, including the University Center, which advertise free movies, events and clubs. New movies are shown in the Forum 1 every Thursday and Saturday nights (and they are actually ones college kids would want to watch).

Next, listen to your professors and your resident assistant.

Professors often give extra credit to students who attend events and seminars, which can be interesting and provide useful information. Some clubs and activities are even major-specific. Being a part of these will beef up your résumé as well as bring you new friends and brownie points with professors.

Most RAs will also email you upcoming events and newsletters, and if you are looking for something to do, just ask them.

Additionally, visit the university website from time to time and "like" the university's Facebook and Twitter pages. Activities, freebies, seminars, volunteer events, career fairs and various other entertaining things are regularly posted online.

Read The Shield. This weekly newspaper and daily website details many of these upcoming events.

The Loft serves "midnight breakfast" during finals week, and no college student can pass up free food. It definitely beats that stash of Ramen Noodles we are hoarding, waiting for the day that they actually seem appetizing.

If boredom continues to be a weekly occurrence for you, perhaps an on-campus job would suit your schedule. Working on-campus is a convenient way to make some extra cash while interacting with people, networking, and again, beefing up your résumé. The library, IT department and Eagle Express Convenience Store are some possibilities.

If all else fails, grab some friends and head over to the Recreation, Fitness and Wellness Center. Workout and take some selfies (because did you actually exercise if you don't have the photos to prove it?), then cool down by shooting some pool or playing some video games in the lounge area.

So instead of moping around and complaining, get involved.

Whether it is a sports team, a club, a job or even volunteer work, there really is plenty to do. College will no doubt be one of the most stressful times in your life, and it is important to find time to just let loose and relax your brain.

Evansville isn't the most exciting city on earth, but USI does a pretty good job at providing options for everyone, as well as keeping the cost of fun student friendly.



FRESHMAN 15

Levansville's Mesker Park Zoo and Botanic Garden:
Open year-round and home to more than 700 animals, this is a cheap all-day event that is a must-see for anyone at any age. The Amazonia is also included with admission and features a walk-through indoor South American rainforest, which is kept at a constant 78 degrees.

Tropicana: For the 21 and over crowd, Tropicana is the place to be. Not just a casino, it also includes swanky nightclubs, restaurants and bars.

Art, History, and Science:
The Evansville Museum of
Art, History, and Science maintains
a collection of more than 3,000 objects and often holds regional and
international traveling exhibitions.

Historic Franklin Street:
With over 65 stores and restaurants, including Gerst Haus, Lamasco's Bar and Grill, Smitty's Italian Steakhouse and many more, Franklin Street is home to many events, including the Mardi Gras Franklin Crawl and the annual Fall Festival.

Fall Festival: The Westside
Nut Club's Fall Festival
is one of the largest street
festivals in North America. During the first week of October, over
100 food vendors line the streets of
West Franklin. There are also rides
for those who are not too full. No
college student will want to miss
out on this event.

Old Courthouse: The Courthouse is one of the finest examples of Neo-Baroque architecture in the U.S. Black slate stairs accent lavish marble floors and walls. The courthouse was built in the 1890s and remains one of downtown's finest architectural showplaces, as well as a Halloween haunted house attraction.

Riverfront Plaza: The Riverfront Plaza provides the perfect view of the Ohio River to woo any date, and is also the scene for a number of summer concerts and festivals.

Swonder Ice Arena and Skate Park: The Swonder Ice Arena and Skate Park includes two regulation-size rinks to suit hockey players and figure skaters alike. Inliners and skate-boarders can choose between an indoor or outdoor skate park. Local high school hockey teams compete there regularly.

Victory Theater: The Victory Theatre holds nearly 2,000 viewers and evokes the memories of the roaring 20s. Besides the Evansville Philharmonic Orchestra, the Theatre hosts a wide variety of concerts, Broadway shows and children's programs.

10. USS LST-325 Ship Memorial: For those interested in history, this is a must see. Often times, the guides have served on an LST.

By VANESSA ROACH Staff writer

Evansville's Mardi Gras
Celebration: With plenty
of food and drinks to attract any college student, The Mardi
Gras features good food and fun,
with a parade for the whole family.

12. Boo at the Zoo: Enjoy over a dozen treat stations, games, crafts, a haunted tram ride and more at this annual Halloween event.

13. Ford Center: If country music is your scene, then Evansville does not disappoint. Major country superstars such as Luke Bryan, Brantley Gilbert, Kenny Chesney and other artists regularly take the stage at Evansville's Ford Center.

14. Eastland Mall: For shop-aholics and fashionistas alike, Eastland Mall has an array of retailers, amenities and various types of seasonal events. Eastland Mall has a diverse selection of over 130 premier apparel and specialty shops, ranging from high fashion retailers like Coach and Sephora to casual shopping at Forever 21, American Eagle Outfitters and Rue 21; Eastland Mall is a college shopper's paradise.

15. Willard Library: More than 110 years old, Willard Library is the oldest public library building in the state of Indiana. Visitors often claim that the library is haunted, with the most frequent sightings being of "The Lady in Grey."

USI BY THE NUMBERS

By BRADIE GRAY Features editor



330 calories **Burger King** Croissan'wich (sauage & cheese)

150 mg

Grande white chocolate mocha espresso

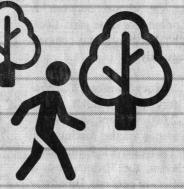


degree programs



USI Campus Store under armour semi - fitted hoodie

222 calories burned Walk on the **Burdette Park Trail**



undergraduate majors



National Championships

In Division II



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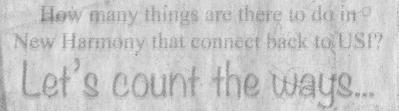
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Historic New Harmony

New Harmony Gallery of Contemporary Art

RICHARD MEIER'S ATHENEUM

Research Opportunities

Labyrinth Walks

PAID STUDENT WORKER POSITIONS

Retreats

InterFaith Retreat

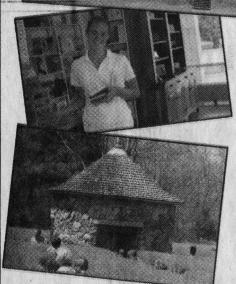
Global Women's Leadership Retreat

Heritage Artisans Days

INTERNSHIPS WITH LOCAL BUSINESSES

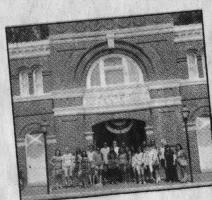
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4593 Washington Ave GO FOR The atmosphere ORDER THIS: Godzilla Roll & Ace of smoit Perry Cider

to me of

Jak 193 30 - mo oil

ORDER THIS: Soy Chia Latte & bagel with vegan cream cheese

2403 Washington Ave GO FOR: Out of the box menu ORDER THIS: BBQ nachos & Milk

1. CLASSIEST DIG

By AMANDA BRINKMAN

Visual editor

Café Arazu, on the Newburgh riverfront, is locally owned and operated. During my first dining experience I was told that "Arazu" means wish or desire and that it also happens to be the middle name of one of the owner's daughters.

Inside, the cozy and intimate setting is decorated with gift items from the Middle East, which gives it that authentic feel. During the warmer seasons, visitors can enjoy the restaurant's beautiful patio seating with a view of the river, as well as live music each week.

The menu items are characteristic of several countries around the world, such as the gyro, chicken and beef kabobs, shawarma, falafel and kubideh, all of which will certainly give your taste buds a treat.

The main dishes are definitely not the only things to note, however, as there are several side dishes that happen to be some of my personal favorites. For example, the Greek potatoes (seasoned to perfection), which come with a delicious chipotle dipping sauce, and the tangy, Asian-inspired napa slaw.

You simply cannot leave Café Arazu without eating dessert or taking one to-go.

Support local establishments and give Café Arazu a try. You will not regret it. It's best to make Saturday reservations to ensure a good spot.

3. HIPPEST COFFEE

By BOBBY SHIPMAN News editor

Over-sugared espressos, bland brews and illiterate baristas muddle the mellow vibes expected from a coffee house when thirsty thespians enter overrated chains shops.

Not every person who seeks a steamy cup of morning joe has to be an artisan or a deep-thinker. But when java-parched pedestrians step through the rickety wooden portal into Penny Lane Coffeehouse, they might invoke the essence of Haring or Angelou.

Penny Lane - nestled on the corner 2nd and Mulberry in Downtown Evansville - has tall walls painted with vibrant hues draped in poetry.

Its shelves are packed with musty books and worn board games that compliment the eclectic furniture adorning its floors (and walls), creating a cozy atmosphere to enjoy sparkling Italian soda or crisp, warm bagels.

The picturesque locale would be nothing if not for its tasty cappuccinos and scrumptious treats.

The house features local musicians and has a friendly staff and clientele. There's no need to evade snarly teens or hoity-toity types at the Lane.

2. BEST SUSHI

By BRADIE GRAY
Features editor

Sushi is a hit or miss dish, and when you're new to town with a hankering for something spicy and raw, picking a place to satisfy that craving can be scary.

Worry no longer.

Get your fried rice fix at Kanpai Japanese Bistro. Kanpai, a local favorite, has what every sushi lover needs – a fried "Godzilla" option, a spicy tuna roll and enough "Yum Yum" sauce to bathe in, if you're into that.

The tiny bistro features live music on Wednesdays and kick-ass Pandora stations during the week. Enjoy your Miso soup while listening to some Dave Matthews or The Killers.

The lunch special is what sets Kanpai apart from the rest. Come in from 2 to 4 p.m. for the Bento Lunch and pick an entree; a side of rice; salad or Miso soup; and finish it off with your choice of half of a specialty sushi roll, an Egg Roll or two of the best crab rangoons you will ever put in your mouth.

Really, trying Kanpai's crab rangoon is nothing **short** of a religious experience.

On top of the fabulous food, the friendly staff is unmatched.

So if you enjoy sushi, good music and great people, make the drive to Kanpai.

4. TASTIEST TACO

By JAMES VAUGHN Editor-in-chief

BBQ nachos. 'Nuff said.

No

I guess you'll just have to try City Taco for yourself and see which item on the menu makes your eyes pop out of your head.

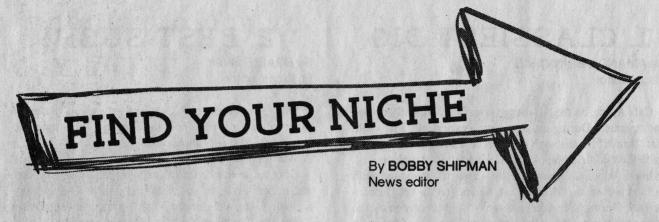
When the southeast side restaurant opened its doors in 2014, you can bet I was one of the first people I knew to try it. Tacos are my life. Ask anyone. If you want to go the out-of-the-box route, give City Taco a chance. From buffalo pig wings to queso mac and cheese to property to the place has something for everyone states.

My personal favorite combines two of my favorites – tacos, obvi, and buffalo chicken. The buffalo sauce literally drips from the tacos onto my chin as I take a bite. There's no better feeling in the world. Trust me.

If you're both a foodie and a drinkie, City Taco offers an assortment of craft beers and wines, too, which can be enjoyed in the restaurant's intimate setting filled with eclectic décor and friendly service.

The only downside is its size; the indoor seating is limited. But when it comes to tacos, especially these tacos, I'd be happy to find a corner where I can curl up in a ball and stuff them into my mouth.

TRANSITIONS | 11



1. How do you take your coffee?

- A. I prefer sweet tea with lemon
- B. Sugar, spice and everything nice
- C. Heavy on the creamer and whip, hold the coffee
- D. The darkest roast with a pinch of sugar
- E. Make mine an Irish coffee.

2. What genre of music gets your big toe tappin?

- A. Country or alternative
- B. Classical or show tunes
- C. Pop or hip hop
- D. Folk or coffee house tunes
- E. Indie rock, bluegrass or old school jams

3. What's in your wallet?

- A. A few tens and some pocket change
- B. A modestly-used debit card and a bundle of fifties
- C. Daddy's credit card
- D. A handful of twenties and a fistful of ones
- E. Some fives, some tens, oh, and my fake I.D.

4. What does a hefty workload look like to you?

- A. A healthy 30 hours/week plus school.
- B. Is sleep still a thing?
- C. I'm a full-time student
- D. It's so mundane, but 9-5
- E, I work to sustain my drinking habits

5. What animal warms your heart?

- A. Anything exotic
- **B.** Horsies
- C. Hamsters or fish. They feed themselves, right?
- D. I'm a Cat Daddy/Mommy.
- E. Do Chia Pets count?

6. What does your daily garb generally consist of?

- A. A pair of boots and something comfy
- B. I always dress to impress
- C. I like to stay trendy by rocking name brands
- D. Classy with a splash of my personal pizzazz
- E. Something affordable that reflects the inner me

7. What is your interpretation of "art?"

- A. The beauty of nature
- B. Ornate architecture
- C. Fine jewelry and avant-garde fashions
- D. A physical representation of innermost feelings
- E. The fusion of pulse pounding melodies

8. How do you take your alcoholic beverages?

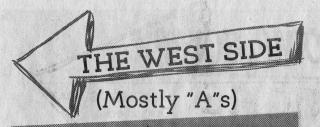
- A. Virgin
- B. Mimosas in the morning and fine wines at dusk
- C. I'll have a vodka cranberry or an Amaretto Sour
- D. Craft beers and whisky on the rocks
- E. Whatever can get me that feel-good-buzz in a jiffy

9. What is the most important thing to you in life?

- A. Friends and family
- B. Culture and history
- C. Shopping and scrumptious eats
- D. Self expression and creativity
- E. Good vibes and good times

10. If you could have any super power, what would it be?

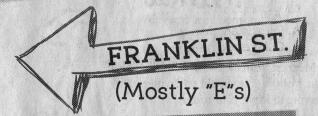
- A. To fly
- B. To be all-knowing
- C. Everything I touch turns to gold
- D. To read others' thoughts
- E. To run faster than the speed of light



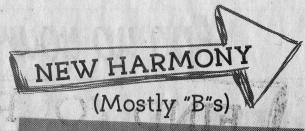
Nothing makes you happier than the sun on your skin as you slip down a waterslide or relax on an inflatable at Burdette Park. You can become one with the wilderness as you traipse through the Howell Wetlands, visit exotic beasts at Mesker Park Zoo or bask in the picturesque scenery while hiking the USI trails. Evansville's West Side is the best place for you to get your nature on.

THE EAST SIDE (Mostly "C"s)

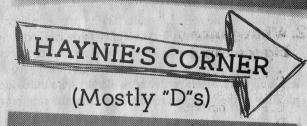
Your alter ego is Cher Horowitz from "Clueless" and the East Side is the shopping mecca that provides you with the finest threads and hottest sales. You can be found store hopping at Eastland Mall, scouring for vintage knick-knacks at Abyss, Co. or driving up and down Green River Road blowing up strip malls. A wide variety of food choices keeps Evansville's East Side brimming with activity, but you just want to feed your fashion felish.



You come to life as the sun begins to set. Whether you are tapping your toe to local bands at Lamascos and PG or partying it up at Pistons, the variety of nighttime activities Franklin Street ofters will fuel your (lush)ious side. There are outdoor concerts on the West Branch Library lawn, and every autumn, the street fills with rides, food and games at the Fall Festival. The historic street is also known for having festive pub crawls. If you crave late-night adventures, Franklin Street is your haven.



Just 20 minutes northwest of the university on the banks of the Wabash lies the town of New Harmony. With its striking architecture and captivating history, it is your go-to weekend getaway as a cultural connoisseur. If you rent a golf cart and peruse the former utopian society, you may stumble upon antique shops, an outdoor church, a pioneer village or a winding tabyrinth. The town's Under the Bearn concert series features talented artists from around the globe, bringing world diversity to your doorstep.



Some call you artsy-tartsy, but you can't help immersing yourself in creativity. At Haynie's Corner - Evansville's Arts District - you begin that intig with a cup of joe at Penny Lane (see pg. 11) before strolling through the sculpture coated neighborhood. The Alhambra Theatre and Boket Lounge til your aesthetic allitude. The semi-annual art testival Funk in the City, which features a variety of crafty vendors, also takes place in this quaint visual gern.

DOWNTOWN (Combination of all letters)

Downtown Evansville blends all of your favorites into one centralized location. Maybe you like early morning riverside runs or gazing into the stars at the planetarium. Maybe you enjoy, strolling down Main Street as the moon rises, then getting your groove on at Boogie Nights. Downtown teems with nightlife and unique dining. You can catch an Icemen game - Evansville's hockey team - concert or bet your chips at Tropicana. Downtown Evansville soothes your eclectic side.

App up your home screen

By ARMON SIADAT Opinion editor



Dropbox

Have a group project but not everyone can meet outside of class at the same time? Tired of carrying around notebooks? Need to free up memory on your phone so you can keep taking photos or videos of your vacation? Dropbox lets users dump photos, videos and documents into one location and access it from any device. Users can sort content into folders to stay organized, share folders or files with others and save content from their Dropbox to their device.

SoundCloud

With most of the residence halls having pianos in their multipurpose rooms, students have the opportunity to get their creative juices flowing and write the songs that have been brewing in their heads. Don't live on campus or prefer a more electronic sound? The Liberal Arts building is equipped with a recording studio accessible to every student. Lay down some fresh new tracks and record that demo you've been planning. SoundCloud allows users to upload, share and build playlists of their original music, right from the comfort of their home away from home.





Flipboard

Make room on your phone by deleting all of those social media apps and consolidating your Twitter, Facebook and Instagram feeds into one sleek, easy-to-use interface. Stay up to date with the latest news and entertainment stories by adding RSS feeds to your Flipboard from popular news sources, creating an interactive magazine unique to every user.

Meerkat

Thanks to Meerkat, you can now attend Student Government Association meetings from the comfort of your own bed. The app allows users to live stream what they're doing at any given moment, whether you're at a sports game, a Board of Trustees Meeting or putting The Shield together on a Tuesday night. When users start a live stream, Meerkat sends a tweet from the user's Twitter account to let their followers now they can tune in. Follow @usishield on Twitter to attend Faculty Senate, SGA or BoT meetings without ever having to leave your rooms.





USI Mobile

Gone are the days where students have to search "USI Rice Library" on Google to get to its homepage. No longer do students have to log in to myUSI and get redirected to Blackboard just to check grades. Now, students can access all things USI in one convenient mobile location. Check your grades, track the campus shuttles, look up sports schedules, read the latest stories from The Shield and more.

AT EVANSVILLE'S

AQUATIC PARK

SWIMMING MINI GOLF HIKING FISHING CAMPING

and and

Burdelle

A MORLO OF FUN A MORLO OF FUN ONLY WINDTES AMEN

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DACATION



Smokefree Evansville is committed to making our community a better place to live.

Smokefree Communities has been dedicated to reducing tobacco use in Evansville since 1998. Our core mission is to help people quit using tobacco, prevent youth from experimenting with tobacco, and protect people from secondhand smoke in public places.

One of Smokefree Communities' primary areas of focus over the last several years has been smokefree air in public places. The health repercussions of secondhand smoke are well known, but most people aren't aware of the effects smokefree policies have on people trying to quit tobacco and youth prevention. Studies confirm that not only do smokefree air policies encourage smokers to quit, but call volume to the Indiana Tobacco Quitline increases when smokefree policies are implemented. Studies have also shown the less youth are exposed to adults using tobacco, the less likely they are to experiment themselves.

Evansville passed a smokefree air policy in 2012 but after a two-year lawsuit the Indiana State Supreme Court overturned Evansville's smokefree air ordinance due to the casino exemption, even though Evansville residents supported a comprehensive smokefree workplace ordinance. Sadly, now over 1,200 employees in Evansville are working in secondhand smoke. Why should these bar tenders, servers, entertainers, and casino employees be subjected to this extremely toxic work environment? Not only does the lack of a smokefree air ordinance worsen the health of our citizens, it makes Evansville a less desirable city for industries to locate.

The University of Southern Indiana went tobacco free in 2011, and recently began reinforcing this policy against e-cigarettes. As a major community institution, USI's stand against secondhand smoke is a shining example of the kind of policy implementation that is essential for Evansville to become a healthier, safer city for all its citizens. Smokefree Communities continues to work to protect everyone from secondhand smoke. However, our voice is not enough.

We are asking the community to join us in support of this important issue. Smokefree Communities is actively looking for volunteers and interns, and this would be an excellent opportunity for students looking to experience the inner-workings of a Non-Profit. Smokefree Communities would provide an excellent fit for students interested in areas such as public health, health policy, community outreach, and marketing. To find out how you can get involved, contact our office at 812-303-7378, or like us on Facebook at facebook.com/smokefreeevansville.



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TRANSITIONS

Designed by
JESSICA STALLINGS
Edited by
JAMES VAUGHN
SARAH LOESCH
ARMON SIADAT



Humans of USI

By **NATASHA AWBREY** Staff photographer

Amy Andrews

- Works at the Sweets Spot
- Has held the position for two and a half years
- Her favorite part about the job is joking with students
- Interesting Fact: She has three kids, two cats and a dog. "Nothing else that poops is allowed in the house," she said.





Taynara Almeida

- International Student from Brasília
- She was placed at USI automatically by her sponsor
- Studying nursing
- "I like dealing with people and want to do something in my life to help people, but at the same time it's totally scientific and cool," she said about choosing to study nursing.
- Fun fact: She likes to travel.



Patricia Weeks

- Art Major
- She likes being an art major because she can express herself through something she loves.
- Interesting fact: She likes making Fursuit costumes.



Willie Dortch

- Takes care of the plants in and around the Wright Administration Building, including "LaVerne," a 46-year-old fern owned by Betty Rice, USI's original first lady
- He has worked at USI for 24 years, but is retiring in July 2015.
- His favorite part about the job is having conversations with people about plants.
- Interesting fact: He plays sixstring and bass guitar, as well as sings in his church choir.



Marna Hostetler

- Director of the David L. Rice Library
- Has held the position for two and a half years
- Her favorite part about the job is the people she works with, the projects she gets to do and getting feedback from students.
- Interesting fact: She loves hanging out with her seven-year-old little boy and thinks USI is an amazing place to work.

What to bring to college

FSLAPTOPFIRSTAIDKITPOEASKCOLCMRALATKLIOIAIUTDEPATSTEKNALBEWLMLNORRREKAMEEFFOCNELMPDRNWODSWIMWEARMILOAPRAAVRCRENNALPBXCSWTUYGCLEANINGSUPPLIESTSCEHPGLAOCUTLERYDIEREHBSSOTSKILPRINTERPECAIAZRMBEDSHEETSMTOSINRESEHSIDNSXTBVELSFGSTMICROWAVEXDXKLEPFENBGAMINGSYSTEMSIVAOEREYALPDVDGZEXBRONDSROTCETORPEGRUSEVTE

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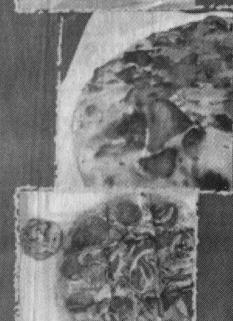
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THE SOUND OF SAVINGS

By ARMON SIADAT Opinion editor

While each service, besides Beats Music, offers a free version, this quick guide to music streaming is based on paid subscriptions to the services. Despite being the cheapest of the services at \$24.99 per year, and having the largest catalog with 27 million songs, iTunes Radio is not being considered since it is only compatible with iOS devices.

Pandora: Best for discovering new music

Pandora promises a listening experience unique to each user and guarantees a radio mix of songs the user will love based on its Music Genome Project. According to the service, each song in the Project is analyzed using up to "450 distinct musical characteristics." With a

million songs in its catalog, Pandora's algorithm places an emphasis on exposing listeners to artists they're not familiar with who compliment the ones they love. The service, however, operates solely on its radio feature, leaving users unable to build playlists or save songs for later listening. Even with a paid subscription, listeners are only allowed up to six skips per hour.

Spotify: Best for building playlists

Unlike Pandora, Spotify's radio feature relies heavily on music the user already loves, seldom branching out and adding unfamiliar artists to the mix. What it lacks in discovery, however, it makes up for in features. Users are able to create an unlimited number of playlists and download their mixes (or individual songs) to their

device for offline listening. A paid subscription also grants listeners an unlimited amount of skips – a useful tool if the user wants to try to make his or her way through the service's 20 million-song catalog.

Beats Music: Best for playing what you want to hear

Beats Music set out to revolutionize online radio services with its feature "The Sentence." The Sentence allows users to fill in its blanks with where they are, how they're feeling, who they're with and what genre they want to listen to, ensuring listeners the right mix of its 25 million-song catalog for that moment. Sentences range from the standard, "I'm at the beach & feel like celebrating with my entourage to the 80s," to the arcane, "I'm in the club & feel like vacationing with zombies to

hardcore." The Sentence, the service's primary feature, is not available on desktop versions.

The best bang for your buck: Spotify

Even though Beats Music boasts five million more songs and Pandora appears cheaper on the surface, Spotify gets students the most for their money. While a vast majority of users create accounts through Facebook, listeners can sign up through email. Although the page takes some searching for, Spotify offers a 50 percent discount to students who sign up for the service using an .edu email address - bringing the price down to \$4.99 per month. With offline listening capabilities and new albums added to the service the day they're released, Spotify let's students jam out without jamming the bank statement.

PANDORA

1 million songs \$4.99 a month free version allows for six skips per hour

SPOTIFY

20 million songs \$9.99 month free version allows for five skips per hour

BEATS MUSIC

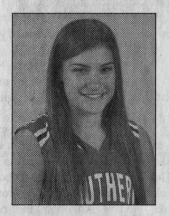
25 million songs \$9.99 a month does not offer a free version

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ATHLETES TO KNOW

By SARAH LOESCH Sports editor

BASKETBALL



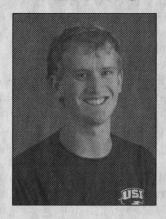
Sophomore guard Tanner Marcum averaged 20.5 minutes per game during the 2014-15 regular season and averaged 11.2 points per game. She had a .761 free throw percentage and her game season high was 26 points.

CROSS



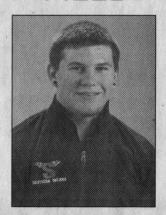
Junior cross country runner Johnnie Guy has been an All-American six times and a national champion once. Guy has won five GLVC titles between cross-country and track and was USI's Student-Athlete of the Year in 2013-2014.

TENNIS



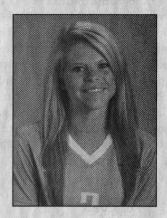
Junior tennis player Jack Joyce received GLVC Freshman of the Year honors in the 2012-13 season and was named the ITA Midwest Region Player to Watch in 2014-15. He also had a 21-7 singles record and a 23-8 doubles record.

TRACK & FIELD



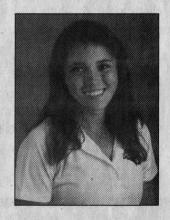
Sophomore thrower Michael Hammonds set a USI all-time record in the men's shot put in 2015 by beating his own previous record. He also owns the record for the top shot put distance in the history of USI outdoor track and field.

SOCCER



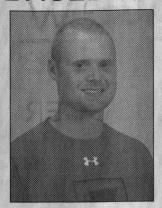
Freshman forward Haley Rheinlander played in 16 of the team's 17 matches, and played as a starter in 14 of those. She is tied for the team-scoring leader with six points on three goals.

GOLF



Junior golfer Anastasia Carter was named GLVC Women's Golfer of the Year, earned Academic All-GLVC honors and won an individual title, all in the 2013-14 season. Carter came close to an individual championship during the 2014-15 season.

BASEBALL



Junior Andrew Cope has many accolades to his name as an infielder for the men's baseball team. He earned a second team Golden Glove honor from the ACBA and scored the game-winning run during the Eagles's 2014 NCAA II National Championship game.

SOFTBALL



Junior utility player Janna Green played mostly shortstop last year, but also spent time at second and third base, as well as in the outfield. Her batting average was the second highest on the team and she led the team in triples. Green received first team All GLVC East Division honors.

VOLLEYBALL



Junior setter Quin Shoultz played 29 of USI's 30 volleyball matches as a starter in 2014. She was ranked 6th in the GLVC and had 972 assists. She had 88 kills, 226 digs and 68 blocks.

six

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WATCH YOUR BUDGET

By **ARMON SIADAT**Opinion editor

While each service offers a free trial version, this quick guide to movie and TV show streaming is based on paid subscriptions to the services.

Netflix: Best for catching up on shows

With the largest streaming library of the three at roughly 25,000 titles, Netflix provides users with a wide array of options. Sorting through a catalogue of that capacity may seem like a daunting task, but Netflix's 'the more you watch, the more we get to know you' algorithm is the only service of the three that provides users with personal-

ized recommendations. With Emmys-favorites House of Cards and Orange is the New Black, Netflix is the leading contender in streaming services to provide original content and movies.

Hulu Plus: Best for staying current with shows

While Netflix's contracts with studios prevents the streaming service to upload recent seasons of television shows until the newest season is airing on TV, Hulu Plus uploads most new episodes the day after they air. Toting a library of 10,000 titles, which is less than half of the options Netflix provides, Hulu Plus updates its library the most frequently

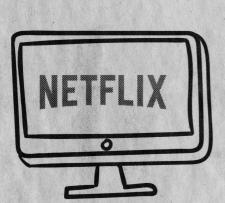
of the three. Because of this, though, users are required to sit through limited commercials while watching shows and movies.

Amazon Prime: Best for exclusive content

Despite having the smallest library of the three, Amazon Prime Instant Video provides users an array of exclusive content such as the Emmy-winning original series Transparent, and the PBS-favorite Downton Abbey. The streaming service allows users to search for content based on themes (Good vs. Evil, Animals, Friendships, etc.) or their current mood.

The best bang for your buck: Amazon Prime

Amazon Prime Instant Video gives students the best value. Normally \$99 per year (about \$7 per month), Prime is the cheapest option of the three, but with a student email address, Prime is even cheaper - totaling \$50 per year (about \$4 per month). Prime Instant Video also comes with all of the benefits of Amazon Prime, such as free two-day shipping on orders - perfect for when students decide they actually are going to need that textbook after all, or they can't wait for that fresh pair of kicks to arrive.



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suggestions



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10,000 titles
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shows and movies
updates library frequently



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3. 24-hour maintenance



4. Shuttle bus service from housing to campus



5. Involvement opportunities



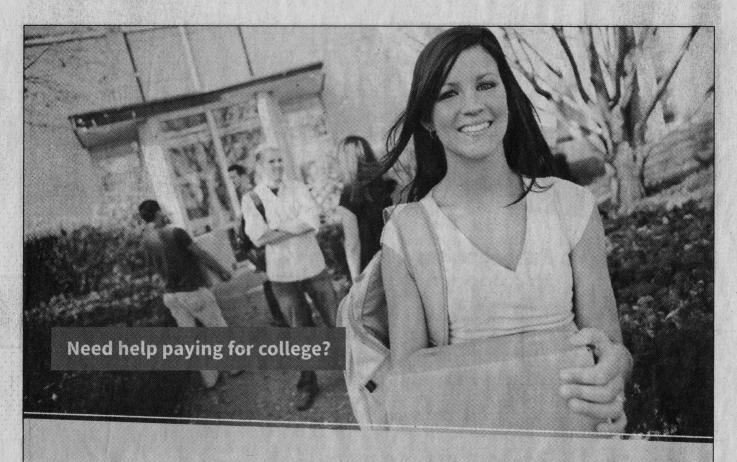
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