



# NEWS RELEASE

CONTACT:  
Kathy Funke, Director  
News & Information Services  
812/465-7005  
FAX 812/464-1956

## Enlow Distinguished Lecturer to speak during dedication of Health Professions Center

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The physician/surgeon who is a leader in holistic medicine and the author of the best-selling *Love, Medicine & Miracles* will be the inaugural lecturer in the Robert and Rossanna Enlow Distinguished Lecture series to be presented in early April during the dedication of the new Health Professions Center at the University of Southern Indiana.

Dr. Bernard S. Siegel, a Yale University professor who had maintained a private practice of general and pediatric surgery in New Haven, Connecticut, will present a public lecture at 7:30 p.m. Monday, April 3, in Mitchell Auditorium in the Health Professions Center. He also will speak at 9 a.m. April 4 to health professions students and faculty. Both programs will deal with Dr. Siegel's work in the holistic medicine concept of self-induced healing.

Only people with complimentary tickets will be guaranteed seating in the auditorium for either program; arrangements are being made for overflow seating, for which a separate ticket will be issued. Contact the USI School of Nursing and Health Professions: telephone 812/464-1708; fax 812/465-7092. Tickets requested after March 27 will be held at the door.

The formal dedication will be held at 2 p.m. Sunday, April 2, in Mitchell Auditorium, followed by tours of the Health Professions Center that has become the home of the USI School of Nursing and Health Professions, the Evansville Center of the IU School of Medicine, and the USI Social Work and Communications departments.

The IU center, which occupies the third floor of the new building, will hold an invitation-only dedication Saturday evening that will include a reception at 5:30 p.m. and the dedication at 7 p.m. Dr. Jerome Melchior of Vincennes, president-elect of the Indiana State Medical Association, will discuss the importance of regional centers to medical care in Indiana.

Dr. Siegel is the founder of Exceptional Cancer Patients (ECaP), a therapy and healing program started in 1978 after his soul searching over the shortcomings in his chosen

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profession led him to the realization that he could be more to his patients than a surgical "mechanic." He had begun to recognize a connection between mental attitude, disease, and healing.

His studies and ECaP work have resulted in three books -- *Love, Medicine and Miracles* (1986), *Peace, Love and Healing* (1989), and *How To Live Between Office Visits* (1993) -- describing how both he as the physician and his patients have learned to live with illness and, in many cases, recovery. He retired from his practice in 1989 and, aside from his workshops, is involved in humanizing medical care and medical education.

With ECaP, Dr. Siegel teaches patients who are willing to participate in their own healing how to achieve peace of mind and better health by removing stress from their lives. His therapies include relaxation, meditation, pain management, and psychological supports. He notes his book deals primarily with cancer "but the same principles apply to all diseases." He has found that people who resolve their conflicts and become more loving facilitate the healing process and help the body rid itself of disease.

Dr. Siegel -- who prefers to be called Bernie -- attended Colgate University and Cornell University Medical College and did his surgical training at Yale New Haven Hospital and the Children's Hospital of Pittsburgh. His 1986 book was on the *New York Times* Best-Seller List for 52 weeks and was a Book of the Month Club selection. He has been president of the American Holistic Medical Association and also has been affiliated with the Association for the Study of Dreams, Helping Multiple Sclerosis, Whole Health Institute, Hospice Associations, and Cancer Counseling Institute, among others.

The Enlow Distinguished Lecture series is being guided by a committee from the University and community and chaired by Susan Enlow, president of the Enlow Foundation. The goal is to bring nationally recognized speakers to Evansville to speak to students on the USI campus and to deliver a lecture which is open to the public. The annual series is supported by the Robert and Rossanna Enlow Memorial Endowment in the USI Foundation and by the Enlow Foundation.