

September 12, 2002

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Desharne Hardy, a member of the Alpha Sigma Phi fraternity, talks with potential pledge Ryan Reiter, (Photo by Shawn Whitsell)

Potential conflict with Iraq not major concern for USI students

By AMBER HUGHES The Shield

America may be on the brink of war with Iraq, leaving USI students with mixed thoughts on the subject.

President Bush is attempting to gain Congressional approval to remove Saddam Hussein from Iraq by any means

Some students are conscious of this situation, while others are not as aware of the latest news

Mary, a freshman, knows what is going on, but claims that she does not care because her opinion does not matter.

You can talk until you're blue in the face, but it's not

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going to make a bit of differ-

ence either way," Mary says. Other students have not been following the news concerning Iraq

Junior Dawn Hay does not know exactly what is going on. However, Hay says that she trusts the President to make the right decision since we, "trusted him enough to. hold our country in his hands.

Students who venture behind the Health Professions building may feel a little closer to the military.

The ROTC program, in its second year, has offices located near the Children's Center. It is in and around this building that ROTC students learn military skills.

The ROTC program has brought a military feeling to USI. Some may

wonder how a possible war will affect this program and local National Guard units.

Major Mark Weaver, the officer in charge of ROTC, explains that there is no way to tell if any Indiana National Guard units will be called for duty. Indiana has guards mobilized all of the time, Weaver says. The military's needs determine which units will be chosen.

Major Weaver also said that the ROTC program would not be affected by the situation in Irac

'Our mission is to commission officers, regardless of what's going on," Weaver said.

More classes, fewer books

By JAMI MADAY The Shield

The textbook shortage at the USI bookstore is an inevitable occurrence when sections are added to courses at the beginning of each semester.

Michael Goelzhauser, Bookstore Manager, said that he obtains the official section additions by the university one to two weeks after the letters are mailed. This causes last-minute rush orders to "play catch up" and leaves students in additional sections without books.

"We find out about added sections from the students first," said Goelzhauser. "Even with the proper paperwork from the Registrar sending it (official notice) to us, it gets into the university mail and sits in somebody's mailbox for a while. When a student comes in and shows a section has been added; we act upon that and order more books

One of the bookstore's trucking companies, Consolidated Freightways, filed for bankruptcy on Sept. 3. There are currently stocks of textbooks still loaded in Freightway's trucks. The other trucking companies such as Yellow Freightway, Overnight Trucking and Roadway will pick up the delayed books after making their scheddeliveries, uled said Goelzhauser.

Textbook delays also come from publishers. When orders are made for extra books for extra sections, some publishing companies take 48 hours or more just to process the order. See BOOKSTORE, page 2

The Shield goes on line today

By JAMI MADAY

The Shield

The Shield student newspaper has partnered with College Publisher to create a web site dedicated to USI for the first time

"We want students, parents, faculty and alumni to have more access to The Shield," said Editor-in-Chief Roberta Fugate.

College Publisher is a webbased company that serves student publications. They now partner with more than 200 schools nationwide including Boston University, Ohio State University and Harvard Business School

The Shield web site has several added features for students

These include weekly polls, forums, message boards, letters to the editor, search engines, movie listings and horoscopes.

Students who want to access this site must register with a name and password.

The Shield web site publishes every Thursday and is available for free. The first issue posts today.

Et Cetera University Center RM 003A Check out our crossword puzzle Page 10

Opinion

Bush needs congressional OK

before confronting Iraq Page 6

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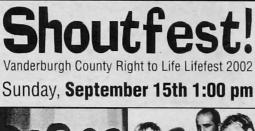
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Campus upgrades increase Net speed

By MELISSA ALLEN The Shield

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In a world mostly dominated by computers, USI students may find themselves restricted from time to time with the computer system on campus. Students in the years past and present have had difficulties accessing certain material from the Internet and have had extremely low speed on . the computers.

The biggest complaint among students is that the speed of the computers is too slow. 'The computers seem to be really slow. I don't always have the time to wait on my computer to get to the desired website,'' says sophomore Samantha Rader.

Due to the increasing amount of students using computers on USI campus, of course not all problems can be

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ment and that's not all.

eliminated.

One of the reasons why the system is too slow is because too many students are playing games on the computers. The more games that are played results in a decreased amount of bandwidth, how fast a computer can go and how much can go through it.

Computer Services have updated the system to make things easier and quicker for students to access. "We plan to increase the Internet pipe for student apartments from 5M to 10M this week," informed Wayne Bohm, Director of Computer Services.

The campus access to the internet is currently 6M, so this change will make the speed of accessing the internet much faster.

New switches have been installed to replace the hubs in student apartments which will make each individual's computer faster.

Students no longer have to worry about problems in one part of campus affecting the entire campus computer system. "We have segmented the labs and student apartmente into unique networks so tha problems in one network should not affect the other networks," said Bohm.

Computer Services has also installed a web for students that will allow them to registe for classes, check grades, and view their class schedule: online.

With more computer, being brought to the campulabs and upgraded speeds, stu dents are sure to see manfuture problems eliminated. I anyone has a problem with their individual computer or , computer in one of the campu labs, they should call Compute er Services at 465-1080.

BOOKSTORE

continued from Page 1

"Bookstores all over the country are doing the same thin we're doing," said Goelzhause "They find out at the las minute that sections have been added. We're at the publisher mercy."

Goelzhauser also must dea with books that are out of prir and out of stock. Classes the are still short on books includ General Studies 097 and Histe ry 102.

The record enrollment th semester at USI does not mak the textbook delays wors Employees at the bookstou make educated guesses on th number of extra books the need to order every earl semester.

"Tve been doing this for 1 years and no semester has event smoothly," sai Goelzhauser.

The bookstore assists sti dents without books by coping chapters at their expense ic homework until the textbool arrive. Goelzhauser also re ommends to students lookir for books to browse varior businesses.

"We want to keep students c track. That is our objective."

Husband, wife team makes engineering family affair

By BRETT MICHAEL HOUCHIN Special to The Shield

If you have been in the engineering department this semester, you might have noticed two new faces in the faculty - Dr. Richard Ruhala and Dr. Laura Ruhala. No, their last names aren't coincidental, these new professors are husband and wife.

"We're a package deal," says Laura, commenting on her and Richard's move to USI. "We were looking for some-thing that would allow us not to separate." They

were searching nationwide for teaching positions, which is difficult if you are looking for two positions in the same field, especially in the same school.

"Professor Sprouls called me and offered me an interview, but I told him there wasn't any use if there wasn't anything for Rich," Laura said.

After e-mailing Richard's resume' to the school, Laura said that Dean Jerome R. Cain called the two and was very excited about them coming to see the school and the program. "His excitement was contagious, so we decided to come take a look

The Ruhalas say they were sold on the move to Evansville after a visit to the school in Feb ruary

When we came out here, were just really liked everybody, along with the campus and the town," Laura said. "We just were really impressed with everything we saw, and we were also impressed with the quality of the engineering program.

This is not Richard and Laura's first academic quest together.

They both received doctorates from Penn State University. Richard's emphasis is in acoustics, and he has completed work with many major corporations, including Lucent Technologies in Allentown, PA. This is where he was asked to be a part of the United Nations Task Force on International Telecommunications Standards.

Lucent had an opening on this one study, and I was defi-



Dr. Laura Ruhala



Dr. Richard Ruhala

We want to help students to make very educated and informed decisions'

- Laura Ruhala

nitely interested in doing it," says Richard.

At one point, he gave a presentation to the U.S. State Department to have it approved. Richard said the task force still meets every nine months and that he is still involved with Lucent Tech-

nologies. "I left that company, but I still do consulting for them," he said.

Some accomplishments cannot be put on a resume', though. Laura Ruhala was in a near-fatal car crash while in high school in which she was the only survivor, but left her severely injured.

"She was paralyzed for a period, and it was a long fight," Richard said. "Laura had to overcome so much to get past what happened and to get where she is today."

Since this event played such a vital role in shaping her life, Laura has a special interest in technological advances to assist the handicapped.

The two professors say they are very excited about what the future, teaching in the engineering program, holds for them

"We hope to support the core as much as we can and expose students to the different kinds of engineering and show them the rigor of the program," Laura said.

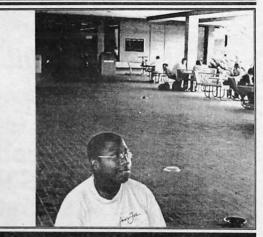
"We want to help students to make very educated and informed decisions on what emphasis they want in the engineering program by allowing them to work on different projects in the different parts of the field.

According to Laura, there are many advantages to getting into the engineering program for students.

I think when people want to be on the cutting edge, this is the field for them," she said. "In this field, you are designing the technology of tomorrow."

For now, this married couple of 11 years is very happy being together and doing what they love.

"He's my best friend, and he's got an office right next door," Laura said.



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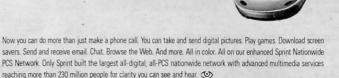
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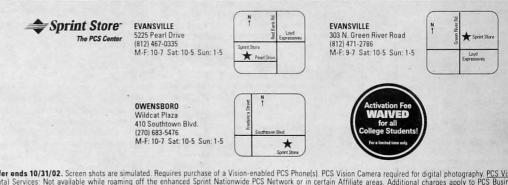
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02-0003



Lollye Martin studies outside the University Center Tuesday. Weather forecasters predict that the heat and humidity will ease, leaving more seasonable temperatures. (Photo by Shawn Whitsell.)

M*A*S*H star: U.S. acted too soon

'(U-WIRE) CHAMPAIGN, Ill. - capital punishment that doesn't Political activist Mike Farrell. who portrayed Army Capt. B.J. Hunnicutt in the TV-series "M*A*S*H," said the United States reacted too soon to Sept. 11 at a speech in Foellinger Monday.

He said the United States was right to defend itself but should have waited for input from international organizations such as the United Nations before engaging in counter attacks.

It doesn't make sense that thousands died in the Middle East because thousands died in the attacks on the World Trade Center, he said.

Farrell said the idea that terrorism began on Sept. 11 is a misconception.

The tendency to be indifferent to international affairs is part of why the United States is looked at as being self-important, he said.

Farrell spoke about the injustice of poverty in America and how he believes it leads to solve anything.

He referred to a meeting with L.A. lawyers who stood up for the poverty-stricken against slum lords.

A quote from one of their client's children was a focal point at the meeting. "Mommy, does this mean we don't have to live in a rat house any more?"

Farrell said reactions like this can pull at heartstrings, but poverty often causes different responses.

He asked what would happen if the boy instead said "Mommy, I'm going to make them sorry for how they treated us."

He said Americans need to learn how to move beyond differences and remind others of who they are and what they do.

"Find someone who looks different, speaks a different language, is from a different country or knows someone with a disability, alcoholism or a drug problem and talk to them," he said.

Thursday, September 12, 2002

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whether staff-generated or guest-

submitted, are published to pro-

vide various viewpoints and to

encourage debate on issues impor-

tant to the University of Southern

Indiana community. Such com-

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LETTERS TO THE EDITOR

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COMMENTARIES

Jennifer Clements, Business Manager



Congress should have final decision on Irag

President Bush's legal advisors have been combing through past judicial and congressional literature in an effort to find a loophole promoting their case for military action against Iraq. Subsequently, it was declared earlier this month that Bush doesn't need a declaration of war by Congress for a large-scale military operation to oust Saddam Hussein from power, but he would seek congressional input anyway. This gives the false appearance that he is giving the reigns to Congress, but all signs indicate that he would attack Iraq even without their support.

According to the White House, permission for military action against Iraq still remains in effect from the 1991 Persian Gulf resolution which gave the president's father the ability to wage a campaign against Hussein's unwarranted occupation of Kuwait.

Bush administration officials cited the verbiage that allows the use of force to enforce U.N. Security Council resolutions, including certain demands for Iraq to eliminate weapons of mass destruction and open the country to weapons inspectors.



However, many scholars of international law have specified that any authority under this resolution was limited simply to repelling Iraq's occupation of Kuwait and that this authority ended on April 6, 1991 when the U.N. Security Council was notified of a ceasefire agreement, despite the fact that Iraq has not kept their end of the deal.

Bush's only other viable option would be to use his powers as commander-in-chief and his leeway under the 1973 War Powers Resolution. The president is given the ability to dispatch the military for use in any operation that he sees fit, anywhere in the world, without consulting Congress first.

However, this resolution only allows the president to use the military unilaterally and without Congressional approval for 60 to 90 days, after which congressional approval must be sought in order for the operation to continue.

House and Pentagon really believe they can topple Saddam's regime in 2 to 3 months? If we are not able to accomplish the mission in that window can the president guarantee congressional support to continue the job he would have started?

Pushing Saddam's forces out of Kuwait was one thing. but eliminating his entire military and overturning his government is a completely different animal altogether. With that said, a current, up-to-date resolution or declaration of war must be passed through Congress and the elected representatives of the American people must have a hand in sending our fighting men and women off to a potentially deadly environment.

If Bush doesn't follow this essential tenet of democracy, he will be making a mockery of one of the very fundamentals by which our nation was founded: rule by the people, for the people. President Bush, do what's right for our nation and its people: Give the elected officials a say in sending our sons and daughters off to war and honor their decision.

Do officials in the White

Should the U.S. attack Iraq?



Last week's editorial stated that cost for the food court expan-

sion came from student tuition, this is not correct. Those

funds are made available from food service profits.



"The president hasn't made a case to the public yet, and we really need to hear what he's got to say before we decide."

Eric Sharp Sophomore Political Science Major



"We should never go to war period. I think we should use diplomacy to resolve this."

Jessica Hellman Sophomore **Elementary Education Major**

Focus should be on lessons, not anger

As the anniversary of September 11th approaches, it is important to reflect on what that tragic time has taught us, for out of that horrific day Americans should be able to learn a few lessons about their country, their leaders, and the values that they hold dear.

A man who hides in a cave and orders young men to go out and fight and die for a cause is called a coward. Another man who hides behind massive amounts of security forces and orders young men and women to go out to fight and possibly die for a cause is called a president.

When you execute an attack against an area where you are sure there will be civilian casualties, and you do not apologize for the loss of civilian life, you are called a terrorist.

When people wage war and claim that Allah blesses their people and war, they are called religious fanatics. When people wage war and say "God Bless America," they are called patriotic.

When people attack a country although there has not



been a direct

attack on their country are called terrorists. When America plans to attack a country although there has not been a direct attack against America, Americans call it a pre-emptive strike.

When people tire of having their families killed and told how to run their lives by an American government that has no interest in their suffering, they will eventually decide that suicide terrorism is the only means of change left to them. When America is struck by terrorists who are so desperate that they will gladly die to try and bring about a change, Americans believe that the best way to react is by killing their family.

America believes that the rule of law and the democratic way of life are ideals that should belong to all people, except for those people that America decides are detainees.

They are not worthy of

such principles as fair trials or freedom from imprisonment without just cause.

September 11th taught us many lessons, but unfortunately Americans have decided to ignore them. That horrible day could provide us lessons for the future, but it appears that we have instead decided to focus on our anger. This will not lead to an end to terrorism, but will only serve to continue the cycle of violence.

LETTERS TO THE EDITOR

Gay rights laws have no place in Indiana

To the editor:

I have not nearly as much life experience as other writers. But looking back through not only my memories but the memories of History classes. The United States has had much change in it's own timelines. For instance black civil rights and women's civil rights; we have to ask ourselves when "Gay Civil Rights" will be included in our history. It is almost inevitable that the homosexual American Subculture will soon have their own set of civil rights. I believe someday my children will be taught in their History

classes that not only women and blacks but also gays will have their own civil rights. Indiana is in the "Bible-belt" and if we begin legislation to allow same-sex marriage the outcome will spread like wildfire in other states. If a conservative state such as Indiana were to pass legislation it is almost unimaginable how quickly liberal states will begin to pass the same legislation.

Evansville, I ask one thing of you as a community, keep legalized "same-sex" marriage out of our state law and our children's history books.

Aaron Pierce

Bro. Jim preaches hate

To the editor:

In past years, I'm sure many students have heard the infamous "Bro. Jim" claim to preach the love of Jesus Christ and this year was no exception.

The recent event's combination of laughing, shouting profanity, and hate that took place next to the basement of the Rice Library took many new students by surprise and continued to leave us upper classmen in awe.

Jesus Christ is not about hate but love; He is not about condemnation but forgiveness; He is not about self righteousness but grace; He IS, however, both firm and fair.

Bro. Jim's message of Christ Himself is true but the overtones of condemnation seemed to run rampant.

If you desire a different look at Christ, one that is forgiving and loving and not filled with hate, allow me to invite you to the McWest Rec. Center Monday, September 16, 2002 at 7:00PM.

Nicholas R. Clark

Maintenance deserves credit

To the editor:

I just wanted to talk big on the maintenance department for their work and dedication to this university.

I was on the second floor of one of the campus apartments in O'Daniel South when I saw a dog rush out of the apartment and down the stairs with a apparent case of the hershey squirts.

A call was made to the maintenance staff and with in 20 minutes, a man was there with his rubber gloves handling the situation.

So thanks to the maintenance staff for their good work.

Timmy Garner

Winiger's 'Recommended readings' misses its own message

To the editor:

Beau Winiger, in a column headlined "Recommended readings for political students," goes well beyond recommending books to students hungry for knowledge.

Like the history classes Mr. Winiger claims are one-sided, his column fails to understand the multi-sided and complex system that is democracy.

I'll look past the ad

hominum attacks on a democratically elected official (just because my candidate loses doesn't mean it wasn't democratic).

For a column that recommends books that advocate "a life based upon love and compassion for fellow human beings," name-calling seems a bit out of place.

I'll even ignore the insulting "not what you were taught in history class" comment; as if history teachers here at USI and throughout the country are involved in a conspiracy to keep us from the real truth about oppression in America. (I can see it though, USI's history department sitting around a card table smoking cigars in a poorly lit room plotting how to cover-up Wounded Knee).

What I can't ignore, however, is the assumption that if someone doesn't agree with you they are ignorant of the facts and therefore need to be brought into the light that you have somehow shed.

The lesson, unlearned ironically, is the very message of the columnist.

What remains unlearned is that ALL points of view must be considered, whether we agree with them or not.

We might possibly learn

something. These points-ofview include an "un-elected, former drunk driver, alleged cocaine user, C average student," and all my fellow "political students."

Nathaniel Aaron Rivers Senior

Thursday, September 12, 2002

SPORTS

Sudden victory goal gives win over Grand Valley



Megan Fitzler, Junior, netted a game winner, 1-0, over GVSU Sept. 8.

University of Southern Indiana senior forward Megan Fitzler picked the right time for her first goal of the season

The Screaming Eagles defeated 14th ranked Grand Valley State University, 1-0, in overtime Sunday afternoon Sept. 8 at GLVC/GLIAC Challenge in Indianapolis.

USI's record goes to 3-0-0

overall, while GVSU falls to 3-1-0

Fitzler scored an unassisted goal with three minutes to play in the first "sudden victory overtime session off a restart

USI senior goalkeeper Aude de La Salle picked up her first shutout of the season and made 12 saves in the victory.

The key to the match was our defense," said USI Head Coach Bill Wilkins. "Our defense was extremely organized and shutdown a potent Grand Valley State offense and got us the shot for Megan (Fitzler)

"Megan did a great job on the restart and put the ball into the back of the net," concluded Wilkins

USI will host Missouri Baptist College on Tuesday night Sept. 10, at Strassweg Field. Game time is 6:30 p.m.

USI volleyball sweeps tourney

Volleyball team improves to 7-2 on the season

The University of Southern Indiana volleyball team got out its brooms this past weekend.

The Screaming Eagles returned home after posting a 4-0 record at the Pyramid City Collegiate Volleyball Tournament in Memphis, Tn.

USI, which improved to 7-2 on the season, recorded a .325 attacking percentage and held the opposition to a .110 hitting percentage as it won each match, 3-0

Sophomore middle blocker Leeanne Gross and senior outside hitter Shannon Wells led the Eagle attack during the weekend.

Gross finished with 3.33 kills per game and a team-high .440 attacking percentage while Wells tallied a team-high 3.58 kills per game and a .378 attacking percentage.

Defensively, senior out-side hitter Kristi Kavanaugh led the Eagles with 3.25 digs per game.

Gross averaged 3.17 digs

per game while Wells was close behind with 3.08 digs per game.

Wells needs just two digs to reach 1,000 for her career.

USI also dominated the serving game as it compiled 3.92 service aces per game.

Wells led the Eagles with 1.25 service aces per game while Gross dished in 0.92 service aces per game.

Junior setter Kim Boehmer continued to rack up assists as she averaged 10.5 assists per game. She needs 177 assists to reach 3,000 for her career.

Friday's action started with USI taking on one of the tournament hosts, Rhodes College

The Eagles hit .309 and recorded 10 service aces as they took the match in three games (30-16, 30-26, 30-11).

USI's second match on Friday was against the University of West Alabama, which entered the contest with a 5-0 record.

The Eagles dominated the first and second games of the match and edged the Tigers in the third match to give UWA its first loss of the season.

USI recorded a .500 attacking percentage in the second game and 14 service aces in the match as it won 30-24, 30-11, and 30-28.

Saturday's action started with an all-out assault. USI hit .330 and recorded nine service aces as they defeated Mississippi University for Women 30-13, 30-12, and 30-21.

Laura Ellerbusch recorded four kills, three service aces, and a .429 hitting percentage in her first action of the weekend.

Ellerbusch helped the Eagles with six kills, in just six attempts, in the third game against the State University of West Georgia.

USI hit a blistering .462 and recorded 14 service aces as it cruised to a 30-20, 30-11, 30-17 win

USI, which has won six consecutive matches and 18 straight games, will switch directions as it travels north to participate in the Great Lakes Valley Conference/Great Lakes Intercollegiate Conference Crossover in Allendale, Mi.

The Eagles will face Hillsdale College and Ferris State University on Friday, Sept. 13, and 25th-ranked Northwood University on Saturday, Sept. 14



Members of the USI women's soccer team practice drills during workouts. The time paid off as USI defeated No. 14 GVS, 1-0, Sept. 8 (Photo by Becky House).

Settles scores winning goal over Hillsdale College in overtime

Indiana junior forward Matt Settles scored the Screaming Eagles' first goal of the year in overtime to defeat 17th ranked Hillsdale College.

The 1-0 victory concluded the GLVC/GLIAC Challenge in Indianapolis Sunday Sept. 8. USI picks up its first victo-

ry of the year and is 1-2-0. Settles scored the only goal of the game with 7.9 seconds left in first "sudden victory" over-time. He put away the rebound

University of Southern of a shot by senior forward Greg Henry.

USI dominated the game from start to finish. USI outshot the Chargers 16-5. The Eagles also had seven corner kicks to Hillsdale's five.

Junior goalkeeper Josh Hill made three saves, posting his first shutout as an Eagle and USI's first shutout since the 2000 season.

'We deserved this victory," said USI Head Coach Dan Hogan. "We dominated Hillsdale the whole match.

There were plenty of chances for our guys to score all match, but the guys started to tighten up with each missed opportunity. It had been a long time between goals and we playing the 17th ranked team in the nation.

"Hopefully this match will give us the confidence we were needing," concluded Hogan.

The Eagles will be at home facing the University of Missouri-Rolla Friday, Sept. 13.



USI Sports Briefs

USI places 12th at Cardinal Classic University of Southern Indiana freshman Amanda Zehner posted her second school record in her

second round of collegiate golf as the Screaming Eagles finished 12th at the Cardinal Classic at the Players Club in Yorktown, In. Zehner was USI highest finisher, tying for 15th. As a team, USI improved with a team 336 in the final round of action for a two-day 677.

USI goes to 2-0 in women's tennis The University of Southern Indiana women's tennis team remained perfect this fall with a 9-0 victory over Saint Joseph's College Saturday afternoon Sept 7 in Rensselaer, In. USI goes to 2-0 overall and 2-0 in the GLVC, while SJC falls to 0-3, 0-1 GLVC.

Shetler named Player of the Week University of Southern Indiana freshman forward Alisann Shetler was named the first Great Lakes

Valley Conference Player of the Week for women's soccer this fall.

Shetler has had the hot foot in the Screaming Eagles' 3-0-0 start this fall. She scored USI's first goal o the season, just 1:29 into her collegiate career, and had two goals in the USI's 4-3 victory over Hills dale College. For the season she has six points on three goals to lead the Eagles and is tied for 10th in the GLVC.

Men's soccer ranked ninth in region The University of Southern Indiana men's soccer team moved up to ninth in the NCAA Division I

Central Region rankings after its 1-0 overtime victory over #17 Hillsdale College on Sunday. USI was ranked 10th last week

Women's soccer ranked in regional poll

The University of Southern Indiana women's soccer team has been ranked sixth in the September NCAA Division II Great Lakes Regional poll that is sponsored by the NSCAA and Adidas.

Porter gets 100th victory The University of Southern Indiana women's tennis team wasted no time getting Head Coach Keely Porter her 100th victory by defeating Lewis University, 7-2, in Romeoville, II, Friday Sept. 6. Porter has been at the helm of the USI women's program since 1991 and has accumulated a record of 100-61 (.621).

She also has the USI women's tennis in the spotlight the Midwest Region, posting a record of 31-2 overall and 17-2 in the Great Lakes Valley Conference the last two seasons. In the spring of 2002 Porter led USI to its first regional ranking.



CC teams place third

The University of Southern Indiana men's and women's cross country teams each took third in the Belmont

Farmer and Bryne each place second in individual standings

Cross-Country Invitational on Friday Sept. 7.

The invitational featured eight NCAA Division I women's teams and seven Division I men's teams.

The USI women's third place team was led by the successful return of junior Jenny Farmer.

Farmer, who missed the 2001 cross-country season with a broken leg, placed second with a time of 5:30.5 around the 2-mile course, four seconds behind first place Cara Nichols of Western Kentucky University.

Sophomore Casey Schneider joined Farmer in the top 15 with a time of 5:47

In the team standings, USI lost to Vanderbilt University and Belmont, but defeated the University of Alabama, the University of Evansville, Western Kentucky, David Lipscomb University, the University of Alabama-Birmingham, Tennessee State University, Austin Peay State University, North Alabama University and Beville Community College.

All-American junior Joey Bryne was second in the men's race and led the third place men's team with a 5k time of 5:06.3, just under two-seconds out of first behind the University of Alabama's Peter Kiprono's time of 5:04.7

Bryne was joined in the top 15 by junior Mark Thurner with a seventh place time of 5:11.7 and freshman Eric Fleming with a 15th place time of 5:20.9.

In the team standings, the Eagles fell to Alabama and Belmont, but were victorious over Western, Kentucky, Evansville, David Lipscomb, Vanderbilt, Austin Peay, North Alabama, and Tennessee State.

Women's Teams Scores:

- 1. Vanderbilt 37
- 2. Belmont 48
- 3. Southern Indiana 83
- 4. Alabama 119
- 5. Evansville 133

Men's Teams Scores:

- 1. Alabama 27
- 2. Belmont 55
- 3. Southern Indiana 56
- 4. Western Kentucky 74
- 5. Evansville 166

Ed Martin speaks to U. Michigan about loans, gifts

(U-WIRE) ANN ARBOR, Mich. - Those close to the Ed Martin case have confirmed that Martin and his lawyer spoke at length with representatives from the University of Michigan, the NCAA and the U.S. Attorney's Office on Aug. 2

Martin, who pleaded guilty to counts of money laundering, conspiracy and illegal gambling on May 28, was forced to reveal all the details surrounding his relationship with the basketball program's players and coaching staff as part of his plea bargain.

Martin gave loans totaling \$616,000 to four former Michigan basketball players – Chris Webber, Maurice Taylor, Robert Traylor and Louis Bullock - to launder money that was made

through his illegal gambling ring from 1988 to 1999

University officials refuse to comment at this stage of the investigation, and it is not known when the NCAA will rule on what penalties, if any, will be levied on the basketball program.

Should the facts prove that Michigan violated NCAA guidelines, the basketball program could face television or postseason bans. The NCAA could also take away scholarships or force Michigan to forfeit games.

The date of Martin's sentencing was moved from Aug. 29 to Oct. 8 by Federal District Court Judge Robert Cleland.

Webber was indicted on Monday on charges he lied about his dealings with Martin.



New Harmony Utopian getaway

By CHRISTINE WILCOXEN The Shield

When the hustle and bustle of city life becomes draining, many often need to get away.

One popular retreat 45 minutes away from Evansville is New Harmony, Indiana.

This quiet little town at the intersection of state highways 66 and 69 is rich in culture, history, and nature.

Founded by The Harmony Society in 1814, New Harmony offers many historical sites for tourists.

Historic architecture as well as two hedge mazes draw tourists from a wide variety of areas.

The visitor's center pro-

vides tourists with brochures and maps as well as tours of the town.

Just south of New Harmony is Harmonie State Park: a haven for nature lovers. The park offers hiking, camping, swimming, and cabins.

The town of New Harmony kicks off fall with its annual Kunstfest on September 21 and 22.

This German craft festival is a great place for people to sample German food and enjoy German music.

For more information on the history of New Harmony, driving directions, or times and rates for guided tours the Visitor Center can be reached at 1-800-231-2168.

Pre-Law Club

announces meeting

The USI Pre-Law Club will meet on Sept. 17 at 9 p.m. in LA 1003.

Discussion at the meeting will include planned events and participation with other campus organizations.

For more information contact John McGarrah at 468-2170 or e-mail at sploosh360hotmail.com or e-mail Adriene Kjszka at superstar173@hotmail.com

Peer programs begin fall training

The Peer Counseling Program and Sexual Assault Peer begin their fall training. The training program is comprised of a 20-hour weekend from September 13 through 15, a campus lecture on October 29 and substance abuse and eating disorder training on November 9. Call extensions 1201 or 1867 for more information.

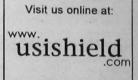
CAMPUS Briefs

USI announces fall visiting days

USI will host three fall visitation days, called Southern Hospitality Days. The purpose of this event is to give high school students and their

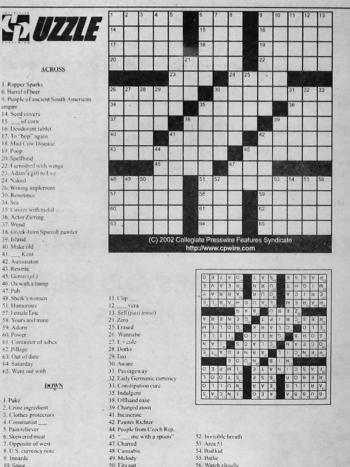
Educator Program will soon families the opportunity to visit begin their fall training. The the USI campus.

The days are slated for September 14, October 19 and November 16. For more information, contact the admissions office at 464-1765.



News, Entertainment, Opinions, Sports & more





The freshman 15: Who's at risk?

By TIFFANY LLOYD Special to The Shield

Chunky Chocolate Chips Ahoy, triple fudge sundaes, late night meals of delicious pizza, and mouth-watering, thirst quenching sodas.

What do these items have in common? They do not discriminate a student from the "Freshman 15." What actually is the "Freshman 15?"

Research has shown that many first year students gain 15 pounds within his or her first year. Being away from the traditional "home cooked meal," many students start bad eating habits.

In place of the balanced diet that a student usually receives at home, students begin to intake junk foods.

Excessive partying and alcohol consumption also have tremendous effects on an indi-

vidual's body. Who should fear the "Freshman 15?"

Numerous USI students were questioned about the "Freshman 15." Female students were more likely to be concerned about the weight gain than the male students.

Many female students referred to being "slim" as attractive to the opposite sex; therefore women tend to be more cautious of weight gain.

Gina Lang LPN, in the student health center, said, "Females may tend to worry more because they pick up the weight quicker than males.

Men do not pick up weight as quickly because they have more lean muscle tissue, whereas women have more fatty tissues in their body. No one should stress out about the "Freshman 15", but should know that weight gain increases the risk of high cholesterol and diabetes." What can a student do to lose the "Freshman 15?"

 Avoid the "Freshman 15" worry- Being cautious over unwanted weight gain is OK, but not worrying over it is wise. Living everyday in fear of weight gain is not only going to make you weary, but it can also lead to dangerous eating disorders.

 Get some shut eye. Research shows that sleep deprivation often leads to weight gain. The later a student stays up the more he or she craves a "late night snack". Doing this every night will surely put on those unwanted pounds.

• Quit alcohol consumption. You have seen the traditional "beer-belly" on individuals who takes in a lot of alcohol. Well, alcohol contains a tremendous amount of empty calories. An empty calorie is merely a calorie that comes with absolutely no nutritional benefit. Taking in excessive amounts of these calories, will lead to extra pounds.

 Exercise, Exercise, Exercise Exercise will not only prevent unwanted pounds; it promotes a healthy heart. People who exercise usually live longer and tend to be happier than those individuals who do not. Cardio and strength training is especially recommended for weight loss and prevention. Get involved. Take advantage of the campus intramural activities and the Recreational and Fitness Center, which is free for USI students.

· Watch what you eat, when you eat it. The time that students chooses to eat, can affect his or her body. Digestion is not as "awake" at 3 a.m. as it is at 3 p.m. Filling up with fruits, veggies and whole grains, this may prevent a craving for heavier meals. Junk foods, greasy foods and sugary sodas and candies contribute to the "Freshman 15" weight gain. By cutting back on these foods, you will find out that mom's nagging on eating more healthy foods is for your benefit not as a punishment.

'Freshman 15' isn't always reality

(U-WIRE) MINNEAPOLIS -Before leaving for school, many freshmen feel more pressure to maintain their weight than their grades.

"No one wants to be the fat girl when they go home," said journalism sophomore Rebekah Colonder. "The partying and the late night studying make it hard sometimes."

But according to Marla Reicks, University of Minnesota associate professor of food science and nutrition, the "freshman 15" might be more of a myth than a reality. A 2001 study conducted by the American College of Health found there was, in fact, no weight gain among freshmen.

"It's something that's more based on anecdotal evidence than hard evidence," Reicks said.

"Everybody know somebody that gained weight their freshman year, but this isn't an issue that's researched."

Although their class rank implies they are, freshman are not the only ones concerned about possible weight gain.

Regardless of the lack of solid evidence, Reicks said several factors make freshmen susceptible to weight gain.

But most students say beer is the largest contributor to the notorious "freshman 15."

Despite the hype, Reicks said there are many ways students can avoid the bulge, and it is important they are not pressured.

"We need to be careful that people don't get too worried and concerned," Reicks said.





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(U-WIRE) COLLEGE PARK, Md. - The deluge of patriotic products flooding the American marketplace, including campus stores, since the Sept. 11 terrorist attacks has sparked a debate over the ethics of profiting from Sept. 11-related products.

Hundreds of patriotic posters, postcards, T-shirts, glass figurines, flags and books have raised about \$2.2 billion in donations to various Sept. 11 said Michael charities, Solomon of The Chronicle of Philanthropy.

However, only a portion of the proceeds goes to these charities, and some companies simply keep their profits.

The Colorado Springs Co.-

flag based merchant Flagline.com, which does not donate its proceeds to Sept. 11 organizations, reported a sales increase of nearly five times the amount it made prior to the attacks, owner Josef Schneider said. Schneider would not specify the dollar amount in profit his company accrued.

International Agile Manu-

facturing, which began selling commemorative medallions made with steel from the World Trade Center, ignited consumer ire because some found it lacked taste.

The company donated 10 percent of the proceeds to a charity, according to a Jan. 30 Associated Press article.

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