



NEWS RELEASE

CONTACT:
Kathy Funke, Director
News & Information Services
812/465-7005
FAX 812/465-1956

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USI to host wellness seminar

The University of Southern Indiana will host a wellness seminar, *The Road to Wellness*, from 8 a.m. to 4:30 p.m. on Thursday, September 24, in the University Center's Carter Hall. This one-day seminar will cover such topics as worksite health promotion, managing high-risk employees, and workplace safety.

The seminar is sponsored by Southern Indiana Labor-Management Education Forum, Tri-State Business Group on Health, Health Promotion Resource Center, and USI School of Nursing and Health Professions, and USI.

The keynote address will be delivered at 2:30 p.m. by Dr. Karen Wolfe, MBBS, MS, an international speaker on understanding managed care, integrating complementary medicine into managed care, and development of comprehensive corporate wellness programs. She is the author of *Awaken Your Healer Within*.

Local hospital administrators will conduct an afternoon panel at 3:30 p.m. Mr. Richard Breon, president and CEO of St. Mary's Medical Center, Ms. Marjorie Soyugenc, president and CEO of Welborn Hospital, and Ms. Linda White, vice president and CEO of Deaconess Hospital will discuss *The Future of Health Care in the Tri-State*.

Human resource managers, labor managers, CEOs, health promotion planners and coordinators, health promotion teams, physicians, nurses, and students are invited to attend. Cost for the seminar is \$55 which includes materials, lunch, and refreshments. Reservations are due by September 15 and may be made by calling USI's Office of Extended Services at 812/464-1863.